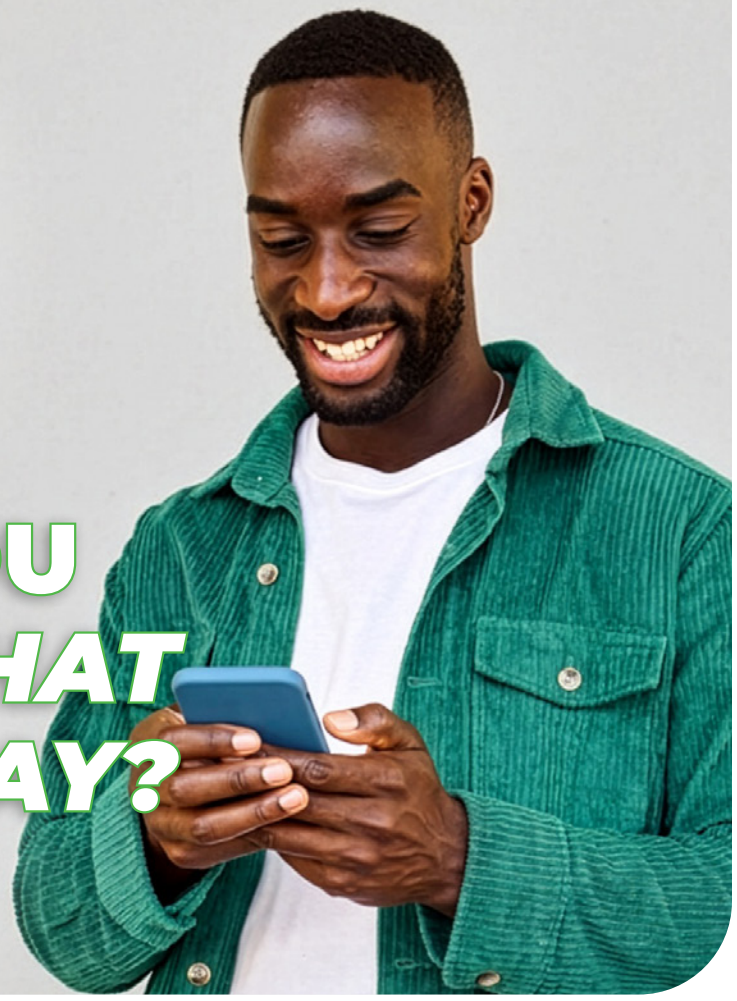
OMSMAF
OLD MUTUAL STAFF MEDICAL AID FUND
Healthcare with *heart*

IF FUTURE *YOU* COULD TEXT YOU RIGHT NOW, *WHAT WOULD THEY SAY?*



No doubt it would involve some words of wisdom about saving money and dodging avoidable health scares. Here are three top tips they might give you:

- **Track your plan's performance** – keep an eye on it, like that share portfolio. Is it measuring up to your needs as the year progresses?
- **Use your screenings** – covered on every plan when using the code Z00.0, including pharmacy checks and men's and women's screenings.
- **Dodge the co-payments** – opt for generics, use the medicines checker on Universal.one, and always pre-authorise for planned procedures. On a Network *SELECT* option? That's right – stick to the network.

Small moves now, a healthier and wealthier you later

Give Future *You* a head start

VISION
To be the medical scheme of choice for the Old Mutual Group.

MISSION
To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.

Universal®

OLDMUTUAL