



EVERY DOSE, EVERY DAY IT ALL MATTERS

Dear OMSMAF Member,

There are times when you're on top of it - medication taken? Check. Next appointment booked? Check. Healthy eating on track? Double check.

But sometimes, life has other plans. That's not failure, that's just being human.

This month, we're having an honest conversation about chronic care - the daily effort it takes, what gets in the way, and how OMSMAF is here to support you through it all. Because showing up for your health every single day, even imperfectly, absolutely deserves a medal.

**CLICK HERE TO UNLOCK YOUR
JUNE WELLNESS GUIDE**

Chat soon,
The OMSMAF Team
OMSMAF – Healthcare with heart

VISION

To be the medical scheme of choice for the Old Mutual Group.

MISSION

To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.



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