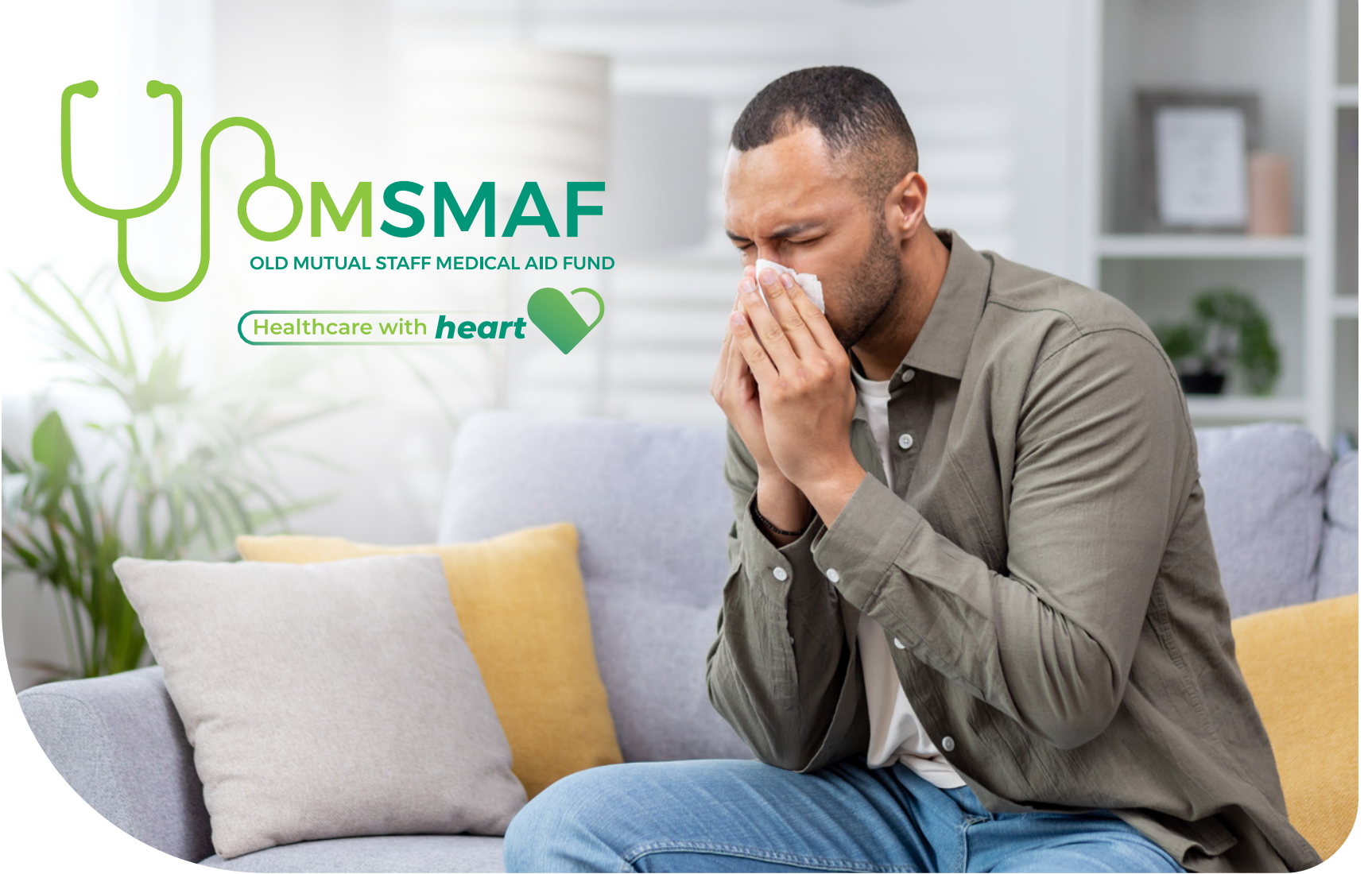




HELLO! FLU SEASON IS ON ITS WAY, BUT THERE’S NO NEED TO ROLL OUT THE WELCOME MAT.

OMSMAF has you fully covered with the A-team in flu defence – vaccination. All you need to do is visit your nearest **Clicks, Dis-Chem, Medirite** or **Local Choice Pharmacy** at Mutual Park and let them know you’re an OMSMAF member to use this annual benefit.

People at high risk of complications from flu should not skip their shot

- ✓ Children between six months and five years old
- ✓ Adults 65 and older
- ✓ Pregnant women
- ✓ People living with chronic conditions such as diabetes, asthma or heart disease
- ✓ Individuals with weakened immune systems

Quick jab. Big protection.

Don’t wait until winter hits to get it done.

[Click here](#) to see what you’re covered for this flu season (and more)



VISION

To be the medical scheme of choice for the Old Mutual Group.

MISSION

To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.



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