

IT'S NOT TOO LATE TO VACCINATE



Trying to dodge the flu at every turn, like it's some kind of video game villain? Fortunately, this is real life, and it's not too late to get your annual flu shot. Even better news, if you're an OMSMAF member, you are covered, no matter which plan you are on. For real.

How so? It's quite simple - OMSMAF pays for vaccinations directly from your wellness benefit, leaving your day-to-day and medical savings untouched. We probably don't even need to mention that having the flu vaccine just makes good sense - apart from being potentially life-saving for small children, people over 65 and those with chronic conditions - it is your best defence against those debilitating symptoms that end up costing you precious time trying to recover.



So, are you ready to give yourself and your beneficiaries protection from the flu?

Access your benefit in two simple steps:

1. Visit a qualified nurse at the **Local Choice Pharmacy** at Mutual Park, or your nearest Clicks, Dischem or Medirite pharmacy for your flu vaccine.
2. Remind your providers to submit your **flu vaccine claim** with the diagnosis (ICD10) code Z00.0 to make sure it is paid from the correct benefit.

Steer clear of out-of-pocket payments

Please remember that if you choose to visit your GP to receive your flu vaccine, this may result in unnecessary out of pocket payments or use of your day-to-day benefits for your consultation as follows:

Hospital Plan: GP consultations are not covered and you would have to cover these out of your own pocket.

Network and Network SELECT Plan: Only covered if you consult your Network GP.

Savings, Traditional, Traditional SELECT Plans: cover for GP consultations is subject to your available PMSA, PCB or Accumulated Savings.

Protect your health, be financially savvy and get your flu vaccine at one of the pharmacies mentioned above. And while you are there...

Unlock your Wellness Maximiser!

Haven't done your pharmacy-based wellness screenings yet? This benefit helps you to know your numbers, including blood pressure, blood glucose, cholesterol and body mass index. Why not use the chance to get these done while visiting the nurse for your annual flu shot? Your pharmacy-based wellness screening also unlocks your Maximiser Wellness Benefit, which acts like a primary care booster once your day-to-day benefits are depleted. You can find out more about this great benefit [here](#).

You can even ask the nurse to do a waist circumference measurement and conduct a smoking declaration to complete your Health Risk Assessment. Efficient and cost-effective – that's how we like it!

OMSMAF – Healthcare with Heart

