

Hey there
OMSMAF Member

**WHAT'S OURS
IS YOURS**

The world of medical scheme cover can be tricky. If you had to explain it in the simplest terms – to a five-year-old, for example – it might start like this: ‘You know how we say that sharing is caring?’

This phrase translates well from the playground to the heart of medical aid, especially with OMSMAF. As the dedicated medical scheme for Old Mutual Employees and Retirees, we're here to ensure you have the care you need when you need it – funded by the shared pool of funds that belong to all our members.

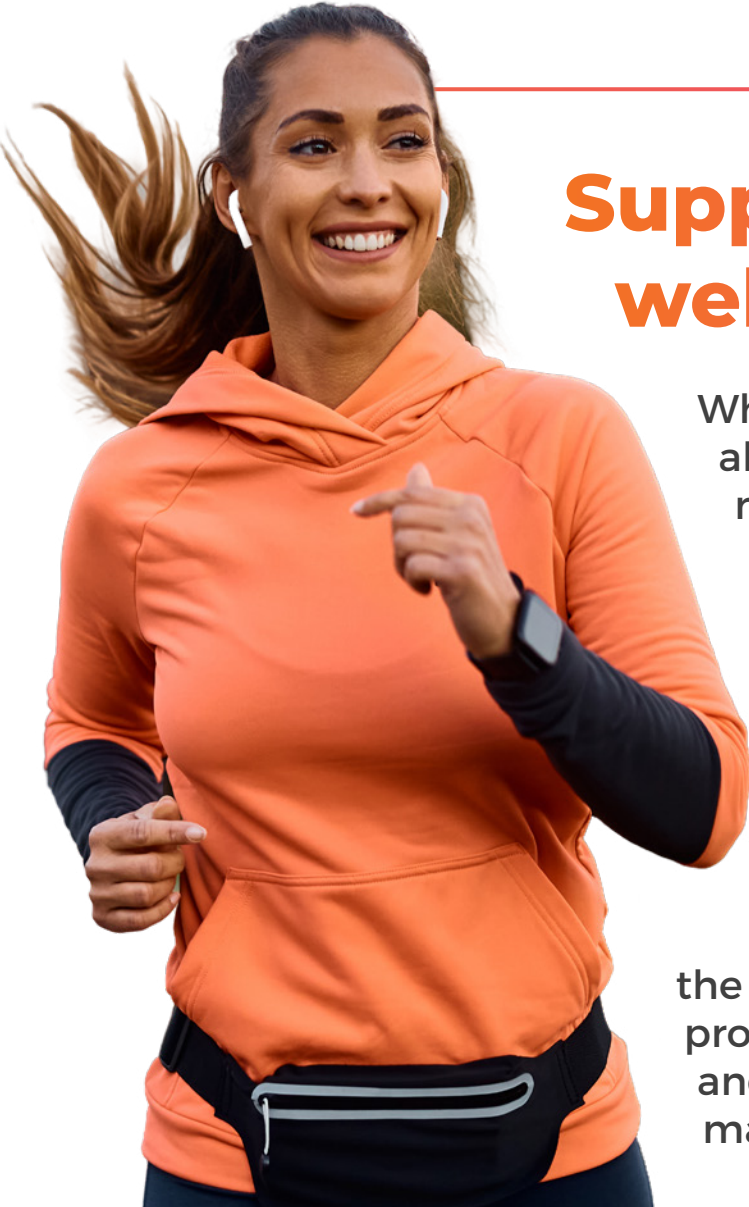
But that's not the whole story. While we are a little thin on dragons and fairy princesses (sorry, kid!), we're constantly creating pockets of added value to stretch your healthcare rand – that much further. This is the story of **Healthcare with Heart**, after all.



Family-size value

Speaking of five-year-olds – if you have a young family or are on your way there, OMSMAF is your go-to partner for maximising your wellbeing through benefits that tip the scales on family value. The following benefits are covered by the Fund, leaving your day-to-day benefits untouched:

- ✓ A Mother and Baby Care programme
- ✓ Maternity benefits including antenatal classes, antenatal visits, ultrasound scans, out of hospital pathology tests, a Doula – or birth coach – and more (Not available on Hospital Plan)
- ✓ Newborn hearing screening and preschool eye and hearing screenings
- ✓ Childhood immunisations
- ✓ A 24/7 paediatric advice line
- ✓ Treatment for dental caries up to age 6



Supporting individual wellness

When it comes to healthcare cover that makes absolute sense, preventative care is much more than a nice-to-have – it is essential to helping you steer clear of lifestyle diseases that could end up costing you in quality of life and hard-earned money. OMSMAF gives you market-leading benefits with numerous screenings tailored to your life stage and needs - and proactive nutritional guidance.

And when your body or mind feels the strain, we're here with specialised programmes to support mental health, back and neck rehabilitation and active disease risk management, to name a few.

Maximising your day-to-day benefits

As of April 2025, we have added two virtual GP consultations with prescribed acute medication and unlimited professional online nurse advice. You will automatically unlock this benefit once all adult beneficiaries registered on your OMSMAF membership have completed their pharmacy-based Wellness or Health Risk Assessment.

This benefit kicks in once you've depleted your Personal Medical Savings Account and Primary Care Benefits, ensuring you have access to medical care when you really need it, even after exhausting your normal day-to-day benefits. No fantastical knight in shining armour needed.



Join the digital OMSMAFverse

Download the **Universal.one** app and access your digital OMSMAF membership at the touch of a button. **Ready for more?** The OMSMAF website has had a major facelift - providing you with a more engaging and informative member experience than ever before.



Want to join the OMSMAF WhatsApp Broadcast group?

Scan the QR code and let's take you there.



Chat soon,
The OMSMAF Team



VISION

To be the medical scheme of choice for the Old Mutual Group.



MISSION

To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.



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