

Dear Member

KNOW YOUR NUMBERS, OWN YOUR STORY

Nowadays, it's hard not to feel like the world is losing its grip on reality. In times like these, we all need to escape with a little fun – whether it's an ice lolly to make you jolly at the beach or an all-night marathon of the latest binge-worthy series, no one here is judging you. And if you follow the philosophy of controlling what you can and letting go of what you can't, we're right behind you.

Fortunately, as a member of OMSMAF, you can claim a massive part of your life's story – a part that powerfully impacts your daily experience, and that's your health. It all comes down to getting on board with your annual screenings, knowing your numbers, and taking control of your wellness journey.

So please keep an eye on your inbox in the coming months because we're bringing you a series of practical insights about your preventative care benefits, designed to give you and your loved ones a brighter healthcare future.

OMSMAF is here with you all the way, from building healthier foundations to handling those tight corners, and we can't wait to get you on the road.

Chat soon,
The OMSMAF Team

OMSMAF - Healthcare with heart.



VISION

To be the medical scheme of choice for the Old Mutual Group.



MISSION

To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.



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