



Hi there OMSMAF Member



It's never cool to feel like you're out of the loop – especially when it comes to the things that really matter, such as your finances, your teenager's weekend plans (or the latest office gossip). Knowing the state of your health? It's a no brainer. OMSMAF is here to help you stay on top of your wellbeing because you own your story when you know your numbers. So, head on over to your email inbox and find out more about the Power of 4, 3, 2, 1... that's the four leading preventable or treatable lifestyle diseases, three key risk factors, two groups of essential regular screenings, and one central point of care.

Take care,
The OMSMAF Team

OMSMAF – Healthcare with heart.



VISION

To be the medical scheme of choice for the Old Mutual Group.



MISSION

To be an affordable medical scheme that guarantees best-of-class member experience, value and quality.

