

NEWSLETTER QUARTER 3



GET TO KNOW YOUR TRUSTEES ANGUS CAMPBELL

We can assure you that the OMSMAF Board of Trustees is unreservedly committed to ensuring that the Fund always acts with the best interests of its members at heart.

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HOW ARE WE ALL DOING? FROM THE PO'S DESK

Do you feel it, that little whisper of change in the air?

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HOW CAN WE HELP? OMSMAF EXPERIENCE

As your partner in all things health, we aim to provide you with access to efficient and quality healthcare.

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DENTAL CLAIMS IMPACTED WISDOMS

If you or your child is one of many people with impacted wisdom teeth that need to be removed in hospital, we feel for you.

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PUTTING IN ENOUGH SCREENING TIME? HEALTH CHECK UP

There's screen time, and then there's screening time, and while we fully appreciate how much you love a binge-worthy series, right now, we're talking about the latter.

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MA-MA-MATERNITY MOTHER AND BABY

As you might have noticed from our most recent campaign, at OMSMAF we are big on maternity benefits that give our pregnant members the best possible support during this very special time of their lives.

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NEW KID ON THE BLOCK BABY AND KIDS BENEFIT

The early years of parenthood are generally a time of great change, enormous joy and – let's face it – sleepless nights!

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SAY WHAAAAT? FUN BODY FACT

You know when you catch a whiff of a familiar scent, and it takes you right back to a specific time, place and feeling in your life?

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RECIPE CORNER BERRY SMOOTHIE

You'll want to keep Little Sunny Kitchen's berrylicious smoothie recipe on repeat in the coming months.

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